



The world is complicated.

Helping kids is simple.

In a year when it seems like things are changing every day, some problems still remain the same—food insecurity. When we asked "Sandra," a mom of two Boys & Girls Club members, what she needed to help her family, her answer was simple: Food.

Like 52% of our Club members, Sandra's children are considered "food insecure." This means that her family lacks access to enough food for her family to live an active and healthy life. For these families, food insecurity isn't something that happens once or twice a week. It lasts, on average, for seven months of the year.

## The world is complicated. Helping kids shouldn't be.

With just a few weeks left in 2020, your donation to the Boys & Girls Club of the North Country is a simple act that will make a big impact for struggling kids and families.

You have the ability to give our community's children the gift of a hot meal. At the Boys & Girls Club of the North Country, our kitchen is really starting to take shape. The appliances are installed but we need your help to reach the finish line. With the addition of a kitchen, we will be able to extend our hours, provide hot meals, and offer vocational programs to teach our members about healthy nutrition and cooking basics.

## A hot meal.

## A seemingly simple thing that means everything for kids and families in need right now.

I know you believe in the life-changing power a Club can have on a vulnerable child. So, I hope we can count on you to make your tax-deductible year-end gift today. When you do, you'll know that you aren't just making a donation. **You're changing a life.** Together, let's help kids exceed beyond the circumstances that surround them and make great futures possible.

Please open your heart and give today.

Sao Shuli