

BGC Needs List:

Plowing Services - Mowing Services - Chairs - Pencils -
Arts/Craft Supplies - Sports Equipment - Pool Table -
Air Hockey Table

The Boys and Girls Club of the North Country recognizes the greatest potential in every child. The Club is a safe, supportive place for kids outside of school. We help families to meet the physical, social and emotional needs of their children, providing healthy physical activities; Healthy meals and snacks; Academic support; Skills and character development; A chance to build positive relationships with peers and mentors.

Your support will allow us to reach the children, youth and families **who need us most. The hours after school are critical to a child's** healthy growth and development. Research indicates that providing young people with access to structured, enriching recreational and social programs outside of school greatly benefits their peer relationships, emotional health and academic performance. If that after school time is unsupervised, however, it can be a dangerous, unhealthy time.

Boys and Girls Clubs are playing a critical role by helping to address critical issues young people face. Club membership is affordable and open to all children, youth and their families, regardless of financial means.

Dinner Out Dates

Hours 4pm - closing

Topic of the Town

January 13, 2015

Applebee's

March 25, 2015

The Ninety Nine

May 12, 2015



PO Box 111, Littleton, NH 03561

(603) 838-5954 www.BGCNorthCountry.org



POSTAGE

FALL 2014 - A Message From Eric Frydman - Executive Director

After 5 years here at the Club, it still amazes me how much fun the kids have each and every day.

I continuously hear from parents how much joy their child has at the BGCNC. Whether it's a new member or a child who has been attending the Club for years, each of them will agree, it's a great place to hang out, a fantastic place to make new friends and a "cool" place to learn new things. Nevertheless, I often fear the repeated activities and the same structured programs will eventually become uninteresting to them.

I struggle to figure out a way to expand our offerings without it costing us additional funding.

One avenue we continue to pursue are student volunteers. This past summer, we were excited to have so **many student volunteers attend each day; most of whom were at one point, "Club Kids" themselves. On any** given day, we had between four and eight volunteers from grades 8-10.

As each year goes by, we have continued to serve more and more children from the North Country and this year was no different. Throughout the past year, we served just over 200 children between our afterschool program, school vacation camps, summer camp and our participation in the Lakeway Elementary Winter Activity Program. However, with additional members, come additional costs. Your donations are so greatly welcomed and appreciated by our staff and most importantly by our members.

OUR MISSION is to provide a fun, safe and positive place for all the children of the North Country, under the guidance of caring adults.

Tyler's Story - My name is Tyler Brown and I have a form of Autism called Asperger's.

I am high functioning which affects the way I perceive and read social situations. Growing up has not been easy. As a young child, I had difficulty making friends. Early school years were very hard for me. While other kids were establishing friendships, I tried, but was only shunned. No matter **what I did, I could not fit in, I still don't. Lunchtime was hard. In elementary school, I only had** two kids I called friends.

Today not much has changed in school. I am in 8th grade, still don't have any friends and I still am called weird in school. I tell you this not to feel sorry for me, but to show you what it's like for a child with a disorder. No one wants to be your friend. However, I am one of the lucky ones. I am lucky because from 2nd grade on, I have had access to the BGCNC. If it was not for them, I would not have any kids that talk to me; my socializing would be minimal at best.

When I first came to the BGC, I was very nervous. I thought now instead of 20+ kids judging me, I had 30 to 40. Not being able to read their social cues scared me. On my first day, I was shown around the Club by a staff member and was introduced to a bunch of new kids. These were kids from surrounding towns who did not know me; they had no preconceived ideas of who I was. I had a chance for them to like me. Staff at the BGC played games with us and modeled behaviors for all of us to learn from. The BGC teaches teamwork, friendship and unity as one. We learn to **make decisions as a unit, how to problem solve as a unit. We're taught community matters, but most of all we're taught** no one person is better than the other. This positive environment has taught me so much; it also has given me the confidence to be me. I have learned how to make friends and I have learned how to give back what I have been taught to the younger Club members and my community.

Over the summer, I was a staff volunteer working with the younger kids. I learned it's not easy directing kids and more importantly, that the younger Club kids looked up to me. Because of this, I knew I needed to be that role model to them like someone did for me years ago. If it was not for the BGC and the lessons I learned at the Club on socializing, **I wouldn't know how it feels for someone to look up to me as a nice person and friend. I plan to continue giving back** what I have received from the BGC; not only as a staff volunteer, but as an honest, caring, vocal supporter of my peers in school. I am fortunate I have parents who support me and have taught me right from wrong. The BGC teaches acceptance, compassion, teamwork, and life skills to kids that might never have access to these invaluable skills. I hope you see just how important this Club has been to me and to the other kids in our community.



Volunteer Opportunities: A gift to yourself as well as to us.

I/We agree, the best investment we can make is in our children.

Name(s): _____

Address: _____

Town: _____ State: _____ Zip: _____

Phone: _____

Committee/Events: Email*: _____ Required for credit card receipt

In-Kind Donation: I/We Give \$ _____ Enclosed: _____

Volunteer at Club: MC/VI SA/AMEX/DI SC CVV Code: _____ Exp. Date: _____

Advocate/Outreach: CC#: _____

Lead a Program/Activity: _____

Signature: _____

I would like the donation to be Anonymous to the public: Yes or No

Other: _____

***We won't share your email address. Occasionally we like to send updates, regarding our program electronically.**

Donations are deductible to the full extent allowed by the IRS 501(c)(3) tax code. Our FEI 27-3653199

Make checks payable to: BGCNC Mail to: PO Box 111 Littleton NH 03561



Directors - William Bedor, CPA, Chairman Warren West, Vice-Chairman Jeff Woodward, Treasurer
Edith McKown, Secretary Tina Bedor Joseph Ilacqua Jill Kimball Kevin O'Brien Kathe Tortorice

Meet Jill & Joe - New Board Members



Jill Kimball from Monroe, NH works at Littleton Coin Company as the Public Relations manager. She is eager to utilize her skills in marketing to help spread the word to the community about the great benefits of the Club. Her son, Aidan, attended the BGC summer camp and loved the camp program.

Joseph Ilacqua from Littleton, NH works as an Assistant Vice President/Financial Advisor for **Union Banks Asset Management Group**. "I am really excited that I am part of the Boys and Girls Club. I look forward to helping our youth grow into confident, caring and responsible **community members!**"



Appalachian Mountain Club



Programs and Activities

- ◆ SMART Girls - Girls Empowerment
- ◆ Outdoor Survival Skills
- ◆ Ultimate Journey - Environment
- ◆ Image Makers - Photography
- ◆ Healthy Eating

A Day in the Life of a BGC Member

- ♣ 3:15 - 3:30 Snack & Group Meeting
- ♣ 3:30 - 4:30 Activity Choice
- ♣ 4:30 - 5:00 Power Hour/Homework
- ♣ 5:00 - 5:45 Free Time
- ♣ 5:45 - 6:00 Clean Up Time



Camps

Winter Break Camp:
February 23rd - 27th, 2015

Spring Break Camp:
April 20th - 24th, 2015

Summer Break Camp:
June 22nd - August 14th, 2015
(Dates subject to change)



SAVE THE DATES!

CASINO NIGHT
Sat. January 24, 2015



GOLF TOURNEY
Sun. May 31, 2015

A special thank you to Bob and Kathe Tortorice of Building Alternatives for generously purchasing shirts for our Club members.



2014 Tee It Up For Kids

1ST PLACE
Team Clough



The 2014 2nd Annual Golf Tournament turned out to be a beautiful day of fun & golf. We had an awesome turnout. Special thanks to all of the Corporate Sponsors for making this event so successful.

2ND PLACE
Team Champagne Solutions



LONGEST DRIVE WINNER
JOE COMPAGNI NO

PUTTING CONTEST WINNER
TIM CLOUGH

RING THE BOAT WINNER
TYLER BOYNTON

50/50 RAFFLE WINNER
BILL RATHMAN

CLOSEST TO THE PIN WINNER
ED NATTI



Youth of the Year - BGCA Program



- ◆ Derek S.
- ◆ 7 years old
- ◆ 2nd grader at Lisbon Regional School
- ◆ Club member for 2 years
- ◆ Loves playing dodgeball and kickball here at the Club
- ◆ Enjoys playing video games and spending time with his family.

"Derek is always in a good mood and I can always count on him to help out if I need the help" - Nolan N.



Nesting Boxes Project

This past year, the Club received a wildlife action grant to assist Club members with the purchase of materials necessary to build nesting boxes for the birds in our area. The project was led by Katie Lopus, who has a degree in Wildlife Management and is the head counselor at the Club.

The Club members were the ones who first suggested the bird project. As part of their responsibilities, the members determined the type of nest boxes to build and picked out the best plants and shrubs which were then planted near the spot where the mounting poles were installed. Club members will be responsible for the cleaning and on going maintenance of the nest boxes and feeders. Each child involved has acquired increased respect with regards to wildlife.

We want to give a special thank you to Todd McKee for his carpentry skills. We also want to thank the Easton, NH Conservation Commission for their involvement with this Wildlife Project and most importantly thanks to Homes for Wildlife who got us started.